



ARIZONA MEDICAL IMAGING

Preparing for a CAT Scan

1. Refrain from eating for a few hours prior to the examination. It is okay to drink clear liquids up until the time of the exam.
2. Drink the barium solution (called “contrast”) provided. Depending on your physician's instructions, you will drink this liquid the evening before the examination and/or one hour before.
3. Inform the technologist if you are pregnant, have asthma or have any allergies to food, medications, or x-ray dye.
4. Contact your physician several days after the scan. AMI will fax or deliver the reports from your examination and your physician will discuss the results.

After your exam, you may resume regular activity immediately, unless otherwise instructed.