



ARIZONA MEDICAL IMAGING

Tips That Will Make Your Examination Easier

1. Wash off any skin creams, perfumes, powders, or antiperspirants applied on or near your breasts on the day of the exam. Some of the ingredients in these products can show up on the x-ray film or otherwise interfere with the quality of the images. If this happens, the test will need to be repeated.
2. Wear a two-piece outfit (skirt or pants and a top) for ease and comfort. You will be given a gown before the exam, but you only need to remove your clothes from the waist up.
3. Don't wear any jewelry, especially heavy beads and earrings.
4. Relax during the exam and allow the technologist to position you for each picture. If your muscles are tense, it will be more difficult for the technologist to position and take clear images of your breast. This might result in the test having to be repeated.